



Lakeshore New Horizons Newsletter

Volume 10

December 2014

Special Events in our Band

Concerts

LAKESHORE WINDS BAND

Sunday, November 30, 2:30 at The Wheelhouse, Wilmot Creek

Monday, December 8, 10:30 am, Durham Christian Homes, Whitby

Sunday December 14th, 2:30 at Harmony Creek Community Centre, Oshawa

HARMONY LAKESHORE BAND

Sunday, November 30, 2:30 at The Wheelhouse, Wilmot Creek

Wednesday, December 10, 10:00am, Hillsdale Estates, Oshawa

SHOW BAND

Thursday, December 11th, 10:00 at Seasons, Bowmanville



From Our Music Director - Lynda Shewchuk

This fall we had a very successful start. Our numbers are up in both The Lakeshore Winds and The Harmony Lakeshore bands. It's actually hard to find enough chairs sometimes for rehearsals!

We would like more in our Bach to Basics class. I hope that band members will continue to promote our beginning group. Growing from this direction is very important for New Horizons. This year's group is small but enthusiastic and we've been lucky to have several members from the Harmony group to stay and assist. This help is invaluable to provide the full instrumentation needed to play the band arrangements in the beginning book as well as several Christmas pieces.

Both bands have a busy Christmas schedule with The Lakeshore Winds performing at The Wheelhouse, Durham Christian Homes and Harmony Creek Community Centre and The Harmony Lakeshore Band performing at The Wheelhouse and Hillsdale Estates. The Harmony Creek concert will be the first public concert for us in Oshawa. We are charging a small admission fee of \$5 to help us pay for the hall and the sound system. We welcome the women's choir, She Sings! who will share this program with us. The grand finale will include the choir singing several Christmas selections together with the band. We're hoping to encourage the audience to sing along.

I would like to wish all of our members and their families a happy holiday and merry Christmas.

News from LNHB Executive Committee - Ron Christianson

Thank you Lynda for another great year of music and camaraderie. Thank you Elliott Tremere for leading the Show Band, the band is coming along great, the members are looking forward to performing at Seasons on December 11th.

On behalf of the Executive I would like to thank Lloyd Brown who sponsored the Lakeshore Winds Concert at Harmony Creek.

Many thanks to Margaret Zwicker for running the 50/50 draw this year. Loraine Christianson for all of her work looking after the band e mail, making posters and the newsletter. To Carolyn Rogers who is our web site guru.

Thanks go out again to Sue Wanley for keeping the Harmony Lakeshore group in wonderful treats on Wednesdays and also for volunteering to assist at several concerts during the year.

The Lakeshore New Horizons Band works because we have such volunteers. In order to make our music program continue and grow I would encourage all band members to assist when they can. Because of our demographics our band must continue to seek out new members. You can help by assisting with distribution of posters for concerts and encouraging people to attend concerts. This will enable us to attract new people to become interested in our band. We are looking for people from the Oshawa/Whitby area to come and join us.



Cont.....

In September elections for 3 positions on the Executive took place, all three were acclaimed as follows.

President - Ron Christianson
 Director 1 - Gerry Cowley
 Secretary - Linda Richardson

Also on on your Executive

Vice President - John Fletcher
 Director 2 - Loraine Christianson
 Treasurer - Bob Richardson

My thanks to the Executive for all of the hard work that goes on behind the scenes to make us run as smoothly as we do.

Looking ahead we are planning a social event in the New Year. Your thoughts, ideas and suggestions are welcome. Please talk to any of your Executive. Loraine and I wish you all a Merry Christmas and our very best wishes for a Happy Healthy 2015.

Meet Your Fellow Band Members Representing our Clarinet and Brass Sections

**Elizabeth
Cormier**



My Name is Elizabeth Cormier, I play Clarinet (or try to) in the Wednesday Morning Lakeshore Harmony Band. I was Born to an Irish Father and a French Mother on the Island of Jersey in the English Channel, the largest and most beautiful of all six Islands, with 36 Miles of stunning coastline. Population now approx. 85.000. We finally made it to the World Map about 35---40 Years ago. The Beach was our Playground.

In the afternoon of the 28th. of June 1940 the Luftwaffe flew over Jersey and attacked two central points on the Island, killing 10 Islanders in the process. That was the beginning of the Occupation of the Channel Isles, and, the loss of our Freedom until the Tommy's arrived on the 8th. of May 1945.

As a Child I would thrust a Spoon Handle into the Mouth of anyone who would allow me to do so and ask them to say aaahh (or so I am told) so perhaps that is when I decided (unknowingly) what my future Career would be

I was Educated on the Island and did a Year of Pre-lim at a Convalescent Home for Children with Spina bifida.along with some Studies at the Jersey General Hospital before moving across to Mainland England to Study General Nursing in Bristol, with a follow-up of Midwifery, (which I chose not to pursue.)

I eventually Married in Bristol where we had two Children. (Girl and a Boy exactly as ordered) I then became a stay at Home Mum until after my little Boy started School.

My Husband had always wanted to make the big move to Canada-----not me----- after all everyone knew that Canadians lived on Ice Floes in Igloos----- (didn't they??) so he came in August of 1965 to prove otherwise to me, and persuaded me to follow in February of 1966,It was so Cold and the whole Country side appeared to be Blanketed in White,I had been duped, thank goodness I was wrong about the Igloos. Sadly Peter died a few short Years later.

Isaac and I were Married 9yrs. later. We have two Beautiful Grandchildren (Tyler 26yrs.old and Leah 21)

We both enjoy life to the fullest particularly Family Events, Theatre of all kinds, Concerts(we enjoy most types of Music, Isaac follows the Jazz scene,We really enjoy Traveling. Iam in the process of becoming a Volunteer with BBSC and hope to start in the New Year.

About 5yrs. ago I was Bowling when a stranger approached me and asked if I would like to join her Band---my actual response---what Music? Yes said she, I told her that I could not carry a note to the store let alone play in a Band besides which I said I cannot read Music nor have I ever played an Instrument of any kind,not to be daunted was Marlene, back she came the following Week. Well I thought, I'll go and have a listen and tell her no anyway.But after listening to the Group play I thought I'd give it a shot anyway, and, the rest ,as they say is History. A lot of water has flowed under the Bridge since then,and it still is not easy for me, it is still a learning process,but, Ido have to thank you Marlene for persevering, I'm happy to take the Weekly punishment.Thank you also to all of you who assisted me along the way to learn more about the intricacies of Music.





Margaret Zwicker



The story begins many, many years ago in Toronto. My parents emigrated to Canada from Northern Ireland with a small infant, (not me). I was their unexpected welcome to Canada gift 6 months later. I grew up in the east end of Toronto, never venturing far until my later teens when I spent 18 months traveling first around Europe and then the US. It seemed the thing to do in those days.

I grew up around music. My father introduced me to the classics and I have many fond memories of him and I silently listening to his 33s or even 78s together. Even though he couldn't read music he would play the organ by ear once he heard it. I had 2 uncles who played trumpet, one in Britain with Harry James and the other with his own band who frequented the legion hall dances.

School music began in grade 7 for me and I was ready to play the trumpet myself. Fate or something made me late for class on instrument selection day and only the clarinet and tuba remained so case size won me over.

I enjoyed playing the clarinet, especially the band trips and wanted to continue after high school. But while in school studying Nursing the clarinet stayed in the closet. After I graduated I made my mother happy by getting married, getting a job and having kids. My nursing career focused mostly on Emergency and Critical care nursing, VON in the community, research, Fracture clinic and the move to management which inspired an early retirement.

After many years I was able to bring the clarinet out of the closet. I played with the Scarborough Music Theatre group, (my favourite show was Oliver), and the Pickering Concert band. Circumstances lead me to reclose the clarinet for 12 years until I met John Fletcher and Gerry Cowley at the Beech Centre Open House where Lakeshore New Horizons Band had a display. It took a while for my fingers to get moving again but it felt good being part of a group again. I play with both the Lakeshore Winds on Monday and the Harmony Lakeshore Bands on Wednesday mornings and the Show Band on Thursday morning. I also enjoy playing with the Clarington Concert band on Thursdays.

My latest musical chapter now includes a bigger case with a trumpet in it. An opportunity I am glad I didn't miss. Better late than never.

The story continues...



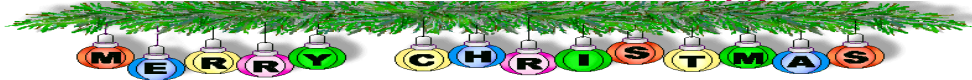
Don't forget if you go to Boston Pizza in Bowmanville write Lakeshore New Horizons Band on the back of your bill and deposit in the box near the door. The Band will receive 10% of the food total....great fundraiser



CHRISTMAS CONCERT - WILMOT CREEK, NOVEMBER 30TH, 2014

Great Performance by both Bands

*The Lakeshore New Horizons Band Executive Wish
You All A Merry Christmas And A Happy New Year*



2015 Winter Session

Lakeshore Winds

Mon. January 5th, 2015
Mon. March 23rd, 2015

Lakeshore Harmony

Wed. January 7th, 2015
Wed. March 25th, 2015

Bach To Basics

Wed. January 7th, 2015
Wed. March 25th, 2015

Lakeshore Show Band
April. 2015

Some Musical Christmas Advice

Make out your *Chopin Liszt* early before *Debussy* season, when you have time to check out *Verdi* good bargains are, can still get gifts *Faure* good price, not have to *Handel* large crowds and have time to give *Bach* things you decide you don't want.



Christmas Foods Around the World

Avgolemeono (Greek Lemon Chicken Soup) is often served as a first course at Christmas dinner in **Greek** households.

In **Ethiopia**, no holiday meal is complete without Doro Wat, a long-stewed dish of chicken flavored with chile, garlic, berbere, cardamom, and ginger, served with boiled eggs, Herring and Beet Salad.

In **Sweden** a fluffy creamy salad of diced beet and herring makes an appearance only as part of the "julbord" spread for Christmas.

Krumkakes (**Norwegian** Wafer Cookies) These *Norwegian* wafer cookies, eaten across Scandinavia during the Christmas season, are light and crisp and perfumed with cardamom. They're made like waffles on a special griddle that imprints an intricate design, and then they're rolled and filled with whipped cream.

Bratäpfel mit Walnusseis (Baked Walnut-Stuffed Apples with White Wine) Apples roasted in wine and butter are a staple of holiday markets throughout **Germany**.

Vitello Tonnato (Veal with Tuna-Caper Sauce). Many **Piedmontese** families in north west **Italy** serve this cold antipasto, a classic combination of tender veal and a creamy sauce, on Christmas.

Pasteles (Green Banana and Pork Tamales) These flavorful tamales are sold from street stands during the holidays in **Puerto Rico**.

Töltött káposzta (Hungarian stuffed cabbage) A thick cornmeal and smoked ham filling is rolled in blanched cabbage leaves and braised in a paprika-spiked tomato sauce in a comforting dish from **Hungary**.

Akoho sy voania (**Madagascar**) is a chicken-coconut stew over rice.

Bigos (**Poland**) "Hunter's stew" is a delightful and rich blend of various meats, mushrooms, and cabbage, making it the hearty meal everyone craves on Christmas.

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Lakeshore New Horizons Bands

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