



# Lakeshore New Horizons Newsletter

Volume 7

December 2013

## Special Events in our Band

### Concerts

#### Lakeshore Winds

Sunday, December 15th, 3:00  
Faith United Church, Courtice

Friday, December 20<sup>th</sup>,  
7:00, Durham Christian Homes

#### Harmony Lakeshore

Tuesday, December 10<sup>th</sup>, 1:30  
at Hillsdale

Sunday, December 15<sup>th</sup>, 3:00  
Faith United Church, Courtice

#### Brass Menagerie

Sunday, December 22<sup>nd</sup>  
Burns Presbyterian Church,  
Ashburn - 10:00 a.m.



## From Our Music Director - Lynda Shewchuk

This year we are lucky to have a lot of new band members in all three of our concert bands. Our Bach to Basics class has thirteen players and they are doing very well! We are almost half way through the Essential Elements Book 1 and we are working on several Christmas band arrangements. We welcome all of our new players, we are very happy that you have chosen to join us.

There are several Christmas concerts scheduled from December 10 to December 20 for the Harmony Lakeshore band and the Lakeshore Winds. We are hoping to attract a large audience for the joint concert on Sunday, December 15 at 3 pm at Faith United Church on Nash Rd. In Courtice.

## News from LNHB Executive Committee - Ron Christianson

This was a year of firsts for Lakeshore New Horizons Bands.

Lakeshore represented by Ron and Loraine Christianson and Lynda Shewchuck appeared on Rogers Daytime T.V

- First concert, as preseason event, for the Rotary Park Series in Bowmanville
- Summer program ran for 6 weeks and ended with a concert at the Museum in Bowmanville
- Beginning relationship with Oshawa Seniors Group where we offered a beginner program but unfortunately did not have participants to run it in Oshawa however we had 8 new Beginners join us in Bowmanville. We hope to continue this relationship with the OSCC.
- First concert at the Oshawa Centre in September.

An introductory Swing program was offered for the first time this year. Currently this program is taking a break for the winter session while we review it.

Our membership continues to grow, this is due to our posters, our web site and also by word of mouth so if you know someone who may be interested please invite them to attend a practice and check us out.

In September 3 members were elected to serve on our Executive. I would like to welcome John Fletcher to position of Vice President, Bob Richardson to Treasurer and Loraine Christianson to Director 2. I would like to thank Gail Rickard for her hard work serving as Vice President for the past two years. Gail decided to step aside but will still provide assistance where and when she can.

I would like to thank Lynda and the Executive for their hard work this year, much of the work takes place behind the scenes but it all makes the band work as efficiently as it does.



## *Bach To Basics*

Mona, Margaret, Robert, Peter, Carolyn, Dianne, Myrna, Erroll, Kent, Elliott, Pam, Absent - Vermont

Congratulations on your hard work during the fall session



## *Meet Your Fellow Band Members*

### *John and Loretta Horwood*



Loretta and John decided to join Lakeshore New Horizons Winds band when they heard that Lynda was an excellent director. Since 2011 they have driven down from Peterborough to enjoy the fun, challenge and camaraderie. They believe that music, laughter and friends (not necessarily in that order) are good medicine.

Loretta sits in the back row playing trumpet where she can also keep an eye on John who plays Tenor Sax in the second row. John also enjoys playing alto and baritone sax.

For several years they have played with Peterborough New Horizons Bands as well as a number of small ensembles. Loretta also sings in a New Horizons choir that was started last year. She also sings in a church choir.

Loretta was born and raised in Killaloe, Ontario, a small Polish/Irish community east of Algonquin Park. She took piano lessons up to Grade 8 with Grade 2 theory.

Loretta taught primary grades in Ottawa for 6 years. She met John at a dance and remembers that he was not a good dancer (2 left feet) but thought that he was remarkable in spite of that. After they married in 1973 and moved to Hamilton Loretta continued her teaching career and obtained her BA. Over the years Loretta has been involved in the hospital auxiliary, canvassing for Heart and Stroke and singing in the Interlink choir sponsored by Mental Health.

John was born and raised in Ottawa. John's mother taught piano so he learned the basics from her. In high school he played 2<sup>nd</sup> clarinet and continued piano up to Grade 8 with Grade 2 theory. John still enjoys playing classical music to relax.

John has always had a keen interest in sciences. In 1973 he obtained his degree in medicine, after the move to Hamilton John went on to study Pathology at McMaster University for 4 years. His career in General Pathology included 21 years in a community hospital lab in Chatham, Ontario where he was lab director for 9 years.

In 1999 John and Loretta moved to Peterborough where John continued as a hospital pathologist for 10 more years.

With many interests including music, reading, golfing and hiking, John was lured into retirement 4 years ago. Recently John and his brother Lawrence hiked the Bruce Trail and Ganaraska Trail and 3 years ago the Camino Trail in Spain.

They have 2 very bright, bilingual daughters. Linda was born in Hamilton and now resides in Montreal where she is a PhD candidate studying neuroscience. A second daughter, Valerie, was born in Chatham and now resides in Peterborough where she works at the Children's Aid Society and loves playing guitar.

Loretta and John are both avid travelers. To celebrate their 40<sup>th</sup> anniversary they took an amazing 3 week tour of China. They also love to spend part of the winter in Myrtle Beach. In the summer they spend a lot of time at the family cottage on Georgian Bay where they enjoy swimming, kayaking, reading and sleeping.

Retirement is terrific and hope to enjoy playing in the band and traveling for many years to come.





## Shirley Wright



Shirley emigrated to Canada from England in December of 1967 to take a job in Rockwood, Ont. working with horses. Working for 10 years in England with Show Jumpers, Hunters and Event horses, moved to Canada on the persuasion of friends who also emigrated.

Six months later she moved to Gormley, worked and travelled in the States and Canada with the Canadian Show Jumping team for a while, before going to Vancouver to visit her friends. Two months later was offered a job in Buffalo, New York, but came back preferring to be in Canada, and back to Gormley, again with Show jumpers.

In 1972, having shoveled enough horse manure..... (although she still had a horse of her own), moved to Guelph, took a 2 year Business course at Conestoga College, and on graduating, spent 2 years as Secretary at a local business, then moved to Toronto where she spent the next 24 years with an insurance company in investments, building management and purchasing.

In 1999 she took early retirement, bought a house in Wilmot Creek, and still resides there. Never having the time before, she wanted to do three things on retiring.... painting, stained glass, and learn how to play an instrument well, (still in progress)!

Current hobbies are; Computer Graphics, cross-stitch, and any crafts you can mention.

She took up the Clarinet after meeting Judith Maxwell, who started a small beginners band called "The Dreamers", in Wilmot Creek, which later "morphed" into the original New Horizons Band. Able to play fairly proficiently, joined the Mood Swing Band in Whitby, The Moonlighters and Bent But Not Broken in Wilmot Creek, also going out and entertaining at Senior Residences solo and with Carole and Murray Milne's Wilmot Road Show. During this time Shirley added soprano and alto sax, flute, and an instrument called a Q-Chord to her repertoire. She left the bands for about 1 year, and rejoined 1-1/2 years ago.

Active in Community Theatre since coming to Canada, Shirley was involved with groups in Guelph, Scarborough, Oshawa and Whitby, and spent time in Dinner Theatre at Sisters in Toronto, and Class Act in Whitby, involved in Stage Managing, Producing, Lights, Sound, and the odd acting role. Retiring from Theatre 4 years ago, now leads a quiet life...., where the only excitement she has is practicing and playing in the Monday and Wednesday bands!!

## Other Famous People Born on Christmas Day

1642 - Sir Isaac Newton,  
Physicist & Mathematician

1821 - Clara Barton,  
Founder of Red Cross

1887 - Conrad Hilton, Hotel  
Mogul

1899 - Humphrey Bogart,  
Actor

1918 - Anwar el-Sadat,  
Egyptian President 1970-81

1946 - Jimmy Buffett,  
Singer

1949 - Sissy Spacek,  
Actress



Great Concert - Rotary Park June 2013

## Thank You's

Thank you Carolyn Rodgers for maintaining our web site, always a great job. Don't forget to check it out at [www.lakeshorenhbands.org](http://www.lakeshorenhbands.org)

Thank you once again to John Fletcher for running our share the wealth draws and to Gerry Cowley, Ron and Loraine Christianson, Elliott Tremeer, Frank Corcoran and Ed Hughes, Sue Wanley (especially the home baking) for keeping us in cookies and water. We appreciate your willingness to help keep us in much needed treats very much.







## New Horizons International Music Association

New Horizons International Music Association issue two newsletters each year. The fall issue features an article about our combined concert with the Peterborough New Horizons Band at Wilmot Creek in April. You can check this and lot's of other interesting articles at

[www.newhorizonsmusic.org](http://www.newhorizonsmusic.org)

### 2014 Winter Session

#### Lakeshore Winds

Mon. Jan. 6th-  
Mon. March 24th

#### Lakeshore Harmony

Wed. Jan, 8<sup>th</sup>-  
Wed. March 26th

#### Bach To Basics

Wed. Jan, 8<sup>th</sup>-  
Wed. March 26th

## 12 Great Reasons to Play Music

The Chinese philosopher Confucius said long ago that "Music produces a kind of pleasure which human nature cannot do without." Playing a musical instrument has many benefits and can bring joy to you and to everyone around here are just some of the with 18 benefits of playing an instrument (in no particular order) and will hopefully give you a better sense of appreciation and pride for music.

1. Increases the capacity of your memory.
2. Refines your time management and organizational skills.
3. Boosts your team skills.
4. Teaches you perseverance.
5. Enhances your coordination.
6. Betters your mathematical ability.
7. Improves your reading and comprehension skills.
8. Fosters your self-expression and relieves stress.
9. Creates a sense of achievement.
10. Boosts your listening skills.
11. Teaches you discipline.
12. Promotes happiness in your life and those around you. (We hope)

As you can see, playing a musical instrument has many benefits and hopefully that will motivate you to keep on practicing and always hold music in high esteem. Whenever you come across challenges as a musician, think about the end results and always remind yourself of all the great reasons you love to play. Jazz saxophonist and composer Charlie Parker who once said, "Music is your own experience, your thoughts, your wisdom. If you don't live it, it won't come out of your horn".

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Lakeshore New Horizons Bands

Newsletter by  
Loraine Christianson

**LAKESHORE NEW HORIZONS BAND EXECUTIVE AND MUSIC DIRECTORS WISH YOU AND YOUR FAMILIES A MERRY CHRISTMAS AND A HAPPY NEW YEAR**

