



# Lakeshore New Horizons Newsletter

Volume 14

December 2016

## Special Events in our Band

### Concerts

#### LAKESHORE WINDS BAND

Sunday December 10<sup>th</sup>, Trinity  
United Church, Bowmanville -  
3:00pm

Monday December 12<sup>th</sup>, Durham  
Christian Homes, Whitby - 2:00pm

#### HARMONY LAKESHORE BAND

Wednesday December 7<sup>th</sup>,  
Hillsdale Estates, Oshawa - 10:00am

Wednesday December 14<sup>th</sup>.  
Harmony Hill, Oshawa - 2:00pm

#### Show Band

Monday December 5<sup>th</sup>, Seasons,  
Bowmanville - 2:00pm

Monday December 12<sup>th</sup>, Durham  
Christian Homes, Whitby with  
Lakeshore Winds



## *From Our Music Director - Lynda Shewchuk*

I can't believe we are already in the Christmas season! This fall has gone very fast for me particularly as I was away for three weeks. Many thanks go to Elliott Tremeer for directing our bands when I was away. Both Monday and Wednesday bands are playing in two Christmas concerts this year. The Harmony Lakeshore band will be performing at Hillsdale on December 7 at 10 am. There's always plenty of room here if any other band members would like to attend. Also they are playing at Harmony Hill residence on Taunton Rd near Grandview on December 14 at 2 pm.

The Lakeshore Winds are performing again at Trinity United Church, Church Street Bowmanville on Saturday, December 10 at 3:00 pm. Admission is by free will donation. We are very pleased again to share the stage with the Trinity Church Choir. We'll play together as well as lead a Carol sing along. This band is also performing at Durham Christian Homes on Glen Hill Dr. in Whitby on Monday, December 12 at 2:00 pm. We are very pleased to share this program with the Show Band. The auditorium here is large and lovely and the program will be open to the public.

I am looking forward to our get together on Monday, December 19. I would like to request that members of the two concert bands come at around 9:30 to hand in their Christmas music. I may have the Harmony Band keep a few easy pieces for us all to play together. (Hand in only the music that is laid out on the tables.) The Bach to Basics class can arrive at about 9:45 for a play together session with all Lakeshore members playing together. We'll play some easy band music.....no pressure....just play what you can. We'll play until about 11:00 and then have our pot luck lunch. Bring whatever you want. Should be interesting!

As always it is a real pleasure to work with all of you.

I would like to take this opportunity to wish everyone a wonderful Christmas holiday!

## *From Our President - Ron Christianson*

Thank you Lynda for your continued work with all of our groups. Thank you also to Elliott Tremeer for keeping us on the straight and narrow when Lynda was away in Italy and also with your work with the Show Band. All of our groups are just getting better and better each year.

Thank you Margaret Zwicker for running the 50/50 draws, as a self funded group every little bit of fundraising goes a long way to helping us out. Thank you to the Executive who work hard to keep us going and welcome to Tanis Manahan to the Executive, it is always good to get new thought and ideas.

Thank you for completing the "How did You Find Us" survey, we will let you know the results.



Please continue to promote our program when you can, we are not just about seniors, we are a day time program and anyone who is an adult can join us, if they can practice in the day time they are welcome.

We had some firsts this year:

The Lakeshore Winds performed at the concert in the park series in Newcastle. As a result we were asked to perform at the "Newcastles Around the World" event which took place in September. Because the venue was not large enough for the Concert band the Show Band performed and were greatly enjoyed by all.

The Lakeshore Harmony band performed with the New Ventures band from Cobourg in a joint concert at the Wilmot Creek Auditorium. This band will be going on a return visit to Cobourg in the spring 2017 to perform with them again.

Thank you to the executive for their hard work during the year. I look forward to another fun filled musical year in 2017.

**And remember our web site**  
[Lakeshorenhbands.org](http://Lakeshorenhbands.org)

**There you will find our concerts with maps. Photographs and updates the newsletters, buy and sell page and lots more.**

**Thanks again to Carolynn Rogers our web guru for maintaining the site for us.**



### **WERE HAVING A PARTY**

Please come and celebrate the end of another great year in music and  
 Christmas Pot Luck Social

This is a get together for ALL band members, Monday, Wednesday and Beginners

Monday December 19<sup>th</sup>, at the church

Arrive at 9:30, bring your instruments and Christmas music

Lynda will bring some easy pieces of music that we can all play together

All Christmas music will be collected (if you cannot make it please give your music to some one in your section who is able to come)

Followed by a pot luck lunch  
 please bring enough for 6-8 people.

If you have any questions please talk to *Dianne McFeeters* on Monday or Wednesday or  
*Sue Wanley* on Wednesday

Paper plates, napkins and cutlery will be provided

Spouses/partners are more than welcome to join us

See you there!!

## *Meet Your Fellow Band Members*

### Millie Brodie



Music is an international language and is unique to people who have to share their talents.

I am so thankful that my parents adopted me and gave me the gift of music, a gift I have enjoyed since I was a small child.

Growing up in the Salvation Army in Sault Saint Marie, Ontario, music was a natural part of our worship. My father played tuba in the band and my mother was the choir director of the youth choir. Everyone listened to my mother playing the piano and wondered how she could play the piano without music. I started taking music lessons on the Eb alto horn when I was ten years old. When I could finally play tunes I was able to join the youth band. When your mother is in charge of the choir you automatically become part of the group, except my brother, he did not have to. I also loved singing and often sang solo's in church.

Every year we would go to music camp in Newport. It was a great deal of fun, friendship and study of Music and Theory. I formed friendships from the age of nine that still endure today.

When I started high school our music teacher, Frank Elliott, started a band as he knew some of the kids played in the Salvation Army band and we became part of his band for the next four years.

I also had the opportunity to teach students for 2 years in High School.

I taught Brownies and Guides for 36 years and for 15 of those years I was a music trainer.

I had the privilege of training the youth in the church to play instruments and started playing with the Steeltown Silver Band, in Sault Saint Marie, with whom I played for 7 years.

One of my music highlights was going to England last year to celebrate the 150<sup>th</sup> anniversary of the Salvation Army. The music was the best in the world.

Now I have the pleasure of playing the euphonium with the Lakeshore New Horizons group on Monday who have welcomed me and made me feel a part of this wonderful group and I thank you all for that.

Music can be a wonderful healer and bring great happiness to everyone.

### Gorge Rynders



I was born and raised in the Beaches part of Toronto and attended Balmy Beach Public school and then on to Malvern High School. Whilst in high school I was first introduced to the saxophone, I played Baritone sax in the school concert band and dance band.

After graduation in 1957 I put my saxophone away and I started work with Bell Canada, first in Toronto and later in Oshawa in a management position where I was responsible for overseeing 911 installation in the Durham region.

In 1965 I married my wife Clare and in 1967 we purchased our first home and welcomed our first son Stephen into our life. Our son Scott was born in 1970.

We enjoyed our summers at our cottage in Bancroft. After several moves I retired from Bell in 1995 after 38 years of service.

In 2009 we moved to Wilmot Creek where we live today and we happily spent our time there in the summer and winters in Florida.

In 2012 I was playing golf with Ron Christianson and when he found out that I played saxophone in high school he told me he had a band just perfect for me. Even though I had not played the sax since high school I joined the Lakeshore New Horizons Band.

I play on Monday and Wednesday and also in the Show Band and I am thoroughly enjoying playing again after all these years. It just proves that it can be done, it's never too late.

Besides music I enjoy golf, snooker and walking our dog Molly.

### The Annual General Meeting was held on Monday September 26<sup>th</sup>, 2016

Although we did not take 2 years, spend million/billions of dollars or have any heated debates with “Bad Hombres” or “Nasty Women” we did manage to have our election for the following positions on the Executive.

President - Ron Christianson - Elected  
Director 1 - Gerry Cowley - Elected  
Secretary - Tanis Manahan - Elected

Completing your Executive are:  
Vice President - John Fletcher  
Treasurer - Bob Richardson  
Director - Loraine Christianson

We would also like to recognize and thank our outgoing Secretary Linda Richardson for performing this job for the past 6 years. Linda decided to step down this year and we are very happy to have Tanis aboard and thank her for volunteering to do this job.

## Facebook, Why?



Why does anyone want to be on Facebook or any other social media platform. Many people started using Facebook as an easy way to keep up with family and friends, and , in the process of doing so ended up connecting with old classmates and friends.

Lakeshore New Horizons Band has a [facebook](#) page!  
LNHB page is there to give you updates on our activities, concerts as well as periodically interesting articles or music links.

Also this is your opportunity to share the activities other groups you may be involved with (choir, bands etc.) let us know whats happening and we can share it with our friends. E mail it to: [lakeshorenhband@gmail.org](mailto:lakeshorenhband@gmail.org)

## Fundraising



Don't forget if you go to Boston Pizza write Lakeshore New Horizons Band on the back of your bill and deposit in the box near the door. The Band will receive 10% of the food total....great fundraiser



### REMINDER

It's that season again, snow, ice and wet feet.  
Please make sure that you dry your feet before proceeding up the stairs *or* better still bring a pair of indoor shoes (just like school) and change before going up. Wet feet can make wet stairs which can be slippery and we don't want any trips or slips.

Thank you!



**Take care!**  
Floor slippery when wet





### 2017 Winter Session

Lakeshore Winds  
Mon. January 9th  
Mon. March 27th

Lakeshore Harmony  
Wed. January 11th  
Wed. March 29th

Bach To Basics  
Wed. January 11th  
Wed. March 29th

Show Band  
TBA

Many of us have heard about the studies that conclude learning a musical instrument as a child or even as an adult has neurological benefits that promote overall brain health and may help keep the mind sharp as we get older. A British national daily newspaper, The Guardian, published an article on Oct. 24<sup>th</sup> 2016. "want to train your brain? Forget apps, learn a musical instrument."

See page 6 for more.

*The Lakeshore Band Executive Would Like to Wish  
You and Your Families a Very Merry Christmas and a  
Happy New Year*



### Contact Information

Lynda Shewchuk  
905-623-5927  
[kokopelli\\_123@hotmail.com](mailto:kokopelli_123@hotmail.com)

Ron Christianson  
905-623-8778  
[christianson0000@rogers.com](mailto:christianson0000@rogers.com)

General Band e mail  
[lakeshorenhband@gmail.com](mailto:lakeshorenhband@gmail.com)

We're on the Web  
Visit us at:  
[www.lakeshorenhbands.org](http://www.lakeshorenhbands.org)

And on facebook  
Lakeshore New Horizons Bands

Newsletter by  
Loraine Christianson



## Christmas Quiz

How many word can you make out of  
"Merry Christmas"

Answers on back page

# A pencil, peripheral vision and a smile.. some rules for surviving in an amateur ensemble

*By Paul Daniels and Chi-chi Nwanoku offer their tips for getting the most out of life in an amateur ensemble. Published in The Guardian, 2016.*

1. Turn up early. Music, and your part in it, needs time – to get your brain ready, as much as your reeds or strings.
2. Be prepared. Look at your part (many can be found on the public domain music site and listen to the pieces (try YouTube or Spotify) beforehand.
3. ***Never be without a pencil to take notes during rehearsals.*** There's too much going on to trust to memory.
4. Practise breathing together with others in your section to begin shared phrases.
5. Develop peripheral *awareness*: you can hear and experience every note being played in the room if you put your mind to it. The ensemble then becomes one single wonderful instrument.
6. Develop peripheral *vision*: keep an eye on the conductor. There are no prizes for getting there first.
7. Try memorizing a little more of every phrase each time you repeat it in rehearsal.
8. Music made without reading takes on an entirely new dimension.
9. Listen to what else is going on in the band – it gives more relevance and dimension to your own line.
10. Help your partner or neighbour count rests.
11. In the wind and brass sections, work out a routine between yourselves for tuning. Trust others to hear tuning difficulties that you may not hear while making your own (musical) noise!
12. When in doubt, leave it out. Go through the motions, but avoid losing pace because you'll get behind the rest of the musicians.
13. Get page corners ready to turn in advance.

***And finally ... Smile! You cannot overestimate the impact of a joyful performance on your audience.***



# Merry Christmas

## Answer List



Are	Hates	Mite	Starch
Art	Hats	Race	Starry
Ash	Hats	Ram	Stash
Came	Hay	Rare	Stay
Car	Heart	Rash	Stays
Car	Heat	Rashes	Steam
Care	Her	Rat	Stem
Carry	Hermit	Rats	Stems
Cars	Hey	Rear	Stern
Cars	Hi	Rest	Sterns
Cart	Him	Rice	Stir
Cast	Hire	Rich	Stream
Cat	Hires	Rich	Tame
Cats	His	Rim	Tame
Chair	hiss	Rise	Tamer
Chairs	Hit	Same	Tamers
Charm	Hits	Same	Tames
Charmy	Ice	Sat	Tar
Chart	Is	Say	Taste
Chase	Its	Scam	Tea
Chat	March	Scar	Teach
Cheat	Marches	Scare	Teaches
Cherry	Mare	Scars	Team
Cherrys	Marry	Scary	Tear
Chess	Marsh	Scream	Tears
Chest	Marshes	Sea	The
Chime	Mart	Search	Tie
Christ	Mart	Set	Ties
Christmas	Marts	Shame	Tlme
Cram	Mass	Share	Timer
Cream	Mass	Share	Times
Cries	Mast	She	Tire
Crime	Mat	Shirt	Tires
Cry	Mate	Shirts	Tis
Eyes	May	Shy	Trash
Hair	Meat	Sir	Trashes
Hairs	Mercy	Sire	Treat
Ham	Merry	Sister	Tries
Hammer	Mesh	Sit	Trim
Hammers	Mess	Sits	Trims
Hare	Messy	Smart	Try
Harsh	Met	Smarts	Yacht
Has	Met	Smash	Yam
Hat	Miss	Smear	Year
Hat	Mist	Star	Years
Hate	Mists	Star	Yeast
			Yes