



Lakeshore New Horizons Newsletter

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June 2018

From Our Music Director - Lynda Shewchuk

Congratulations on another successful musical year!

All three bands have accomplished a lot this year.

The Lakeshore Winds performed seven concerts which were very well received.

The new Seniors Residence hosted us at Christmas and in March. This lovely building proved to be a very suitable venue for our concerts.

For the first time we performed a benefit concert in aid of refugees. It was sold out and the audience really enjoyed our music including singer Laura Murphy and piper, Ron Christianson.

In June we participated in another band exchange with Peterborough New Horizons, a large organization of over two hundred members. This is always a fun day, an opportunity to socialize with a similar group and perform music together.

The Lakeshore Harmony band performed five concerts including performances at Hillsdale and Harmony Hill Residences. A highlight for us was a very well attended performance at the Wilmot Creek community centre, The Wheelhouse. The audience loved our performance particularly our performance of Amazing Grace by our own three pipers, Bill Sinclair, Shirley Parks and Ron Christianson. The Wilmot Creek Singers joined us in this concert in a beautiful performance of Homeward Bound.

The Bach to Basics class has accomplished a lot, finishing book 1 and getting a start on book 2. As the group is a bit larger this year, we have been able to make good progress with some band arrangements in preparation for next year's Harmony Band.

I'd like to wish all band members a wonderful summer! Have a nice break but try do do a bit of playing as well!

From Our President - Ron Christianson

Thank you all Lakeshore band members for another successful year. Our bands are growing not only in numbers but musically.

Our Bach to Basics members are integrating into the Lakeshore Harmony band and are becoming valuable member of that groups. Thank you Lynda for your hard work as usual. Thanks go to your Executive members who keep the band running so smoothly. Many thanks to our social committee members, Sue Wanley and Dianne McFeeters for organizing our pot luck get togethers during the year. Always so much fun

Thank you Margaret Zwicker for running the 50/50 and many thanks that I finally won!.

As I have announced this is my last year as President of our bands. It has been a privilege to serve for the past 6 years however, it is time for a change. I know we have several capable members with fresh ideas who can work with the Executive to further the progress of our group.

I am asking you to consider running for one of the positions on the executive this September.

I would like to point out the work of our percussion section. Not just musically but logistically. They have so much equipment to move weekly and especially for our concerts. Please take a moment to tell them how much we appreciate them.

As we close down the band for another summer break I want to wish each and every one of you a wonderful, safe summer and look forward to seeing you all again in September.

OUR CONCERTS

LAKESHORE WINDS

SUNDAY JUNE 3RD

Peterborough Exchange Concert
230pm
Living Hope Church, Peterborough

TUESDAY JUNE 13TH

Durham Christian Homes, Whitby
7:00 PM

TUESDAY JUNE 19TH

Concert in the Park, Newcastle Town Hall, rain or shine (indoors if wet)
7:00 PM

LAKESHORE HARMONY

WEDNESDAY JUNE 13TH

Harmony Hills, Oshawa
2:00 PM

SHOW BAND

FRIDAY JUNE 15TH

Longworth Public School
9:00 AM



Don't forget all concert information including google maps is posted on our web site lakeshorenhbands.org
(thanks Carolynn Rodgers)



ELECTION 2018

3 positions on your Executive are up for election at our Annual General Meeting in September

President

Director 1

Secretary

Our band operates so smoothly because of the volunteers that are your executive. Our president has been in this position for 6 years and is going to step down this year therefore we **NEED** a new president

If you are interested in any of these positions or if you would like to nominate someone you think would be a good candidate please let the executive know via e mail or in person.

For more information regarding the duties of these position you can read the Constitution (we can provide a copy) or talk to any Executive member.

Lakeshore Winds Exchange Concert with the Peterborough New Horizons Band enjoy a Pot Luck Supper
June 3rd, 2018



WERE HAVING A PARTY

EVERYONE IS INVITED TO JOIN OUR END OF YEAR POT
LUCK LUNCH

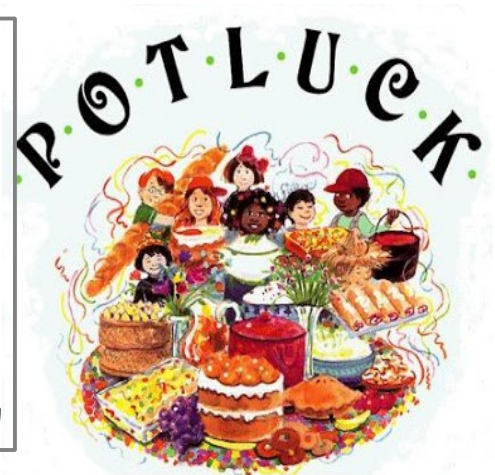
WEDNESDAY JUNE 20th

10:30 AM

PARTNERS WELCOME TO JOIN US

BRING ALONG YOUR SPECIALTY - ENOUGH FOR 6 - 8
PEOPLE

We WILL BE HANDING IN MUSIC SO BRING THAT WITH YOU





*We sit near each other each Monday and Wednesday, now is your chance to really
"Meet Your Fellow Band Members"*

Brian Rose

I got my first musical instrument when I was 14, and entering Grade IX at Vaughan Road Collegiate in the Oakwood/Vaughan area of Toronto. I had chosen Beginner Band, and the music teacher picked the instrument for you, unless you had your own. I was struggling on the instrument that Mr. Barlow had picked for me- he was a phenomenal teacher, by the way. I won't name the instrument that he chose, but it was NOT a woodwind. I wanted Alto Sax, because I loved the playing of people like Freddy Gardner, Jimmy Dorsey and others. So my parents bought me a "Boosey & Hawkes" silver plated Alto Sax. My Dad said that he paid \$50 at a Pawn Shop for it. The year was 1953, and from that moment on, that sax was all I cared about.

The next ten years of my life were very busy, and exciting. My sister says that I wasn't home very much, except to eat, sleep, and argue with my parents about my future plans. They were of the opinion that Music was a wonderful hobby, but I needed to prepare for a "real" occupation. Most of my life then was spent playing, performing, rehearsing, and going to the many after-hours jazz clubs in Toronto.

I was a very indifferent student, but I scraped my way- barely- through High School (Vaughan Road C.I. through Grade XI, then Winston Churchill C.I. in Scarborough through Grades XII, XIII and XII-great music teacher Mr. Gulka, then University (Trinity College, Toronto) majoring in History, and finally the Faculty of Education-History with Music minor- Music professor Ken Bray.

Somewhere along the line I acquired a "Selmer" Alto Sax, and a Clarinet. In order to play in more advanced/professional big bands/ensembles, saxophone players had to "double". A Flute came later. Doubling also paid well, because you received 50% extra for it (plus 25% extra for a triple). I had joined the American Federation of Musicians, Local 149, because membership was mandatory at most hotels, banquet halls and bars then. I don't recall taking private lessons on clarinet or flute. So I gained the skills through listening and asking others. But I also learned bad habits, which exist today. I still have a "doubling" sound on flute and clarinet, not the pure "legit" sound that I envy in others.

Some of the most memorable times during that period was playing at resorts and dance halls during the summers: - Presque Ile Provincial Park near Brighton used to include a lovely hotel near the dock, south of the lighthouse. The Dance Hall was across the road. We played there every night, ate at the hotel and slept at the back of the hall. Huge fun. 1957 and 8. Gord Raymond Band. Cleveland House in Minett, Muskoka with the great Benny Louis. Excellent rooms, great food, wonderful time. 1965 and 6. Performed every day at dinner hour in the restaurant, and played for dancing in the evening. We went back there many times during the years for private parties. Other venues included Jubilee Pavilion in Oshawa, Bigwin Inn on Lake of Bays, Honey Harbour, Palais Royale, Jackson Point, and the "Hotel Miscellaneous".

Correction. I did take flute lessons. I was infatuated with a flute player in the Winston Churchill Concert Band, 1958. I summoned up the courage to ask her for flute lessons. I used a school flute. She agreed. I think we had three or four lessons. It was a disaster. She had a boyfriend already. Oh well.

My plan in 1964 was to become a supply teacher- to tide me over during the lean times in the music business- in the Toronto system. But one of my Practice-Teaching placements at the Faculty of Education was at Danforth Technical School. Technical education had much prestige then, and the standards were high. I enjoyed the week very much, liked the students, and the Music Department Staff. It helped that the Head of the Music Department (Casey Piekarz) and I often played in the same band (Frank Evans) at the Palais Royale. So when the list of available positions came out I applied for the Instrumental Music/History job at DTS. The interview with the Principal (A.E. Brown) went well until he said "you've got the position, but you are going to shave your beard off, aren't you?" I shaved my beard off, but grew it back the next year when he retired. How times change.

After the first year, I was given all Instrumental Music to teach-good move; my History teaching was terrible. After that, the teaching and band conducting were very satisfying. I was also really busy playing with the Benny Louis Band. I brought females into the Senior Band for the first time, ever. Caused quite a "discussion" The school enrollment was about 70% male at the time.

My personal life? Hmmm. Four years later I was appointed Acting Head of the Music Department. Casey Piekarz resigned from the Toronto Board to become Principal at O'Neill Collegiate in Oshawa and I was appointed. There was one catch. I had to acquire my Specialist Certificate in Music within 3 years. This required courses in Theory, Harmony, Counterpoint and Music History, plus getting my ARCT-or equivalent-in performance. The Royal Conservatory of Music did not recognise Saxophone as a legitimate instrument, so I had to take the exams and studies through the Trinity School of Music, London, England. They recognized Sax as a legitimate instrument. I enjoyed it all, but God, it was a lot of work.

Those were great times in the Music Education business. Much of our success was due to being able to hire excellent teachers. At one point we had 5 full-time and 2 part-time teachers in the Department. We took Band and Choir trips to England and Ireland, then to Vancouver and Victoria. Budgets were excellent-and I must say, well spent. We performed at Massey Hall every year, and took the Senior Band and Choirs on Camping Trips-also every year. In 1976 I switched over to teaching Vocal Music- I was looking for a challenge. Boy did I get a challenge. Very hard work, but we succeeded. Our Dancing Choirs became famous. Choreography for Choirs was very rare in those days.

In 1971 I began playing in the Johnny Lindon Orchestra. We were 5 - Tenor Sax/Flute(me), Trumpet, Piano, Bass and stand up Drum Set (Johnny). Even though none of us was Jewish we played the Jewish Circuit- Bar and Bath Mitzvahs, Weddings, Galas, the Primrose Club, and Oakdale G&C Club.. It was a VERY professional group.

In 1975 I stopped playing professionally. Totally. I sold all of my instruments (except my piano as I was still teaching Vocal), resigned from the Musicians' Union, and quit all the bands. Why? I had met, fallen in love, and married a lovely lady-Darlene, bought a house in East Toronto, became a HandyMan of sorts, and prepared for parenthood. Alana was born in 1977. Nobody pressured me to do it. I just knew that I could not handle both married life and playing. Did I miss the playing/singing? At first yes. But as time went by, less and less. I stopped playing for 20 years. I was around, helping Dar bring up, and enjoying the children.

In 1982 I became a Vice-Principal (Riverdale C.I. for 6 years, Malvern C.I. for 6, and Rosedale Secondary School for 4). Evan was born in 1982, and we bought a house in Ajax It was quite a year. I became a member of the Legion of Commuters. I don't miss the driving. Dar's parents had moved to Wilmet Creek, so we spent many a time playing shuffleboard, swimming, and letting my father-in-law win at snooker or pool every time. Summers were spent at their trailer near Burkes Falls. I tried not to let my sometimes stressful job interfere with home life. It seemed to work.

Music came back into my life during the late 90s. Our daughter was very involved in dancing, and our son joined the Young Singers of Ajax. I was busy helping to create the new School of the Arts at Rosedale Heights Secondary School, so music was everywhere. The urge to play/perform was gaining strength, especially since retirement from my education career was looming (I retired in 1998). So I joined the County Town Singers in Whitby, and the Choir at Holy Trinity Anglican Church in Ajax.

Our neighbour had an Alto Sax which she didn't want anymore. I bought it for \$150. I don't remember the brand name, but it - and my playing- was not very good. Thankfully my sound got better. A "Selmer" Alto Sax(used), a clarinet and a flute were soon purchased. By 1998 I was playing with the George Lake Big Band and the Pickering Concert Band. In 2000 the Swingshift Big Band used my services for two years.

Cont

In 2002 I formed my own band: The Brian Rose Little Big Band. It consisted of five horns(alto, tenor, bari, trumpet and trombone) four rhythm, and a male and female vocalist. We played Sinatra,, Carole King, Ella Fitzgerald, etc. vocals and Blood ,Sweat & Tears, Chicago and Lighthouse ,etc. stuff. There were very few arrangements for this combination available, so I pretty well had to write my own arrangements. We rehearsed at the Pickering Nuclear Plant- Reception Centre. Seriously. The trumpet player worked there as an engineer. We played for ten years, gradually getting more and more regular gigs (Xenos, Chicagos, Dominion on Queen, Beaches and other Jazz Festivals. We started playing weddings and galas, and soon it felt like we were playing full time. It was frankly becoming too much for me, with the bookings, organization, writing, equipment and transportation. My health issues were really starting to affect my abilities - standing for 4-6 hour wedding celebrations was becoming very difficult. So in 2010, I handed over the organizational responsibilities to my Bass player- Kim Schofield.. She was much better at it than me anyway. In 2012 I quit playing in and leading the band altogether. The band is still going strong, successful as primarily a wedding band.. It is now called "Kim and Company".

Before joining New Horizons, I played in the Scarborough Concert Band, the Rouge Valley Winds, and then the Clarington Concert Band for two years. The band director Barry Hodgins and I were playing in the pit band at Whitby Courthouse Theatre for the musical " The Full Monty" based upon the movie (no, we didn't have to take our clothes off). Barry asked me to play in the Clarington Band. That's how I met Lynda Shewchuk. It is very difficult to say "No" to Lynda Shewchuck. I'm sure that everyone in New Horizons has faced that dilemma. She usually wins. In my situation it was asking me to "help her" by playing 2nd clarinet in the Lakeshore Band for a Christmas Concert at Trinity United Church in Bowmanville. I am still " helping " three years later. She then invited me to join her Wildwind Flute Choir. Wonderful group. I also love writing arrangements for them. The musicians in all the groups are friendly, sociable, and talented. I have not detected any ego problems- most bands have some- Lynda picks great music, and has great patience with us. And the rehearsals are during the day, no driving at night. I have been very happy and honoured to "help out".



Shirley Park



I was born in Regina, Saskatchewan, only moving to Ontario in the 1960's to attend university. As a child in a large family, piano lessons were considered a part of life from the age of 7. In 1961 I was chosen to attend a cross Canada Girl Guide Music Camp held at Doe Lake here in Ontario. Besides singing and learning recorder at this camp, I also discovered that bagpipes can be played by girls as well as boys!! Twenty years later after completing the last of my Accounting exams, I finally started my journey as a piper.

About eight years ago, when my husband was not well, (we both played pipes in a local band in Lindsay), I decided that I needed something that required a lot less travel. So I figured now was the time to finally learn how to play the harp. I found a wonderful teacher in Peterborough, that I still keep in touch with. Playing the harp is a little like playing a piano on its side!!

Flute? Well, when my husband died in 2013, I was coached to try something that had no connection to him. I had always wanted to play the flute ever since my daughter had played in elementary school. I lived in Cannington then, so a friend suggested I try the New Horizons band in Peterborough - that they taught adult beginners. I always remember my first day there.... I drove over to my friend's place in Lindsay afterwards with my ears still ringing from the cacophony of the sound of over 60 beginners. She told me to relax - it was just like grade 9 band class. Actually, I have no memory of this. I played only the piano and pipe organ back then. ALL. BY. MYSELF. I figured the teacher of this group should be up for sainthood. How else could he make any sense of this raucous mess and still stand up there smiling!

(as an aside, bagpipes have two sound levels: loud and not. But the goal with pipes is UNISON).

Well, she assured me that two things would happen: my brain would get used to the bedlam and would even learn to sort out the different sounds. And the players would hopefully improve! Curiously both happened: My brain settled down, and we all slowly improved!

When I moved to Bowmanville three years ago to be a bit closer to my children and grandchildren, I joined this band and here I am.

Music has become a major part of my retirement life. I am in several different bands and groups and even competing with my pipes this summer. When I want a break from all the practice, I try to fit in a bit of hiking. Life is good!

So you think you want to join a Pipe Band ? Submitted by Shirley Park



Pipes & Drums of Lindsay placed
First In grade 5 in Kingston
May 26th, 2018

Well, back in September, our pipe major put forth the idea of creating a competition arm to our current band - which mostly plays street parades. We were warned of the work involved in this.. . Music was handed out.. and we start on our learning journey. Fast forward to April. By this time, many of us are going to two - three hour practices a week. Virtually all music is played on bagpipes from memory. In Competition, turns out we need to know that music so well that when Glenn says "now, start again from the 7th bar of the 3rd part of the 2nd tune (of 3)"... we are supposed to just do it....!!Hmmmmmm.. Those three-hour practices? - turns out they are needed to build up our stamina. We are playing the equivalent to three clarinets (single reed drones) and one oboe (double reed chanter). So, you have to learn to blow that bag up and keep a steady pressure - with your elbow!! And that chanter?? - is tuned slightly by raising or lowering the reed, but mainly with TAPE on the holes!! Most of our chanters look like they have just been on a visit to the Hospital Emerg!! And why not throw in a bit of marching!! While keeping the blowing even and the chanter playing perfect - No problem.....Competition day arrives. First time on the field for over half of us!!! No wonder we stood there in stunned amazement when they announced that we were first!!

The Mastery of Breath Control 2018 (from NHI Newsletter 2018)

Ever run out of air when holding those long notes? As musicians, we know that the mastery of breath control and air-stream is the key to achieving the best tone quality, sustaining tones and volume, playing over a wide range of notes, and intonation. Besides the more traditional exercises that we do in band, what other breathing tools are used by wind musicians? Here are some popular options to consider:

Breath Builder

Developed by a professional bassoonist, the Breath Builder is a tube of plastic with a ping-pong ball inside. One end of the tube is sealed and the other end has a smaller extension tube, sealed to an end plate with three holes drilled in it. The idea is to get the ball to the top of the tube, and hold it there while slowly inhaling and exhaling. One of the recommended exercises is inhaling for four counts (use a metronome), then exhaling for four counts. The slower the count, the harder it gets, leading to an ability to push more air through your instrument, resulting in better tone and volume.



Lakeshore Harmony Band in concert with the Wilmot Creek Singers - April 2018





Fundraiser

Don't forget if you go to Boston Pizza write Lakeshore New Horizons Band on the back of your bill and deposit in the box near the door. The Band will receive 10% of the food total....great fundraiser

2018 Fall Session

Lakeshore Winds

Mon. Sep 10th, 2018
Mon. Dec. 17th, 2018

Lakeshore Harmony

Wed. Sept. 12th 2018
Wed. Dec. 19th, 2018

Bach To Basics

Wed. Sept. 10th, 2018
Wed. Dec. 12th, 2018

Show Band

Mon. Sep. 10th, 2018
Mon. Dec. 17th, 2018

Musings on Music - Submitted by Joan Thomson

New Horizons Music Intl. tells us that "what makes New Horizons special is the opportunity for people to take part in music who have never played. Others are dusting off instruments for the first time in decades". Well, that sure sounds like us. It was a big move to take that first step into the music world, and how glad we are that we had the courage to do it.

And its not just about the music, NH also says that "participation fills the need for challenging intellectual activity, the need to be a contributing part of a group, and the need to have exciting events in the future; music can meet these needs better than anything else". No crosswords for this group, we do 16th notes and accidentals!

Plato said, long ago, " Music gives soul to the universe... wings to the mind... flight to the imagination.. and charm and gaiety to life"

We have here people who are enjoying making their own music for the first time - which is so remarkable- others who never thought they would play in a band again, and some who learned to play new instruments, doing new things they never thought possible. We know the wonder and healing power of music, and of sharing it.

Every day we learn so much, with the joy of being together to make our own music. Individually we are becoming skilled musicians; together we make great music.

We are blessed to have a music director who understands all this. And has given us back the music in our lives. The ability to reach students, whatever their skill level, has given us all a special gift.

Thanks for the patience, talent, and leadership.

"Thank you for the music, the songs Im singing,
Thanks for all the joy they're bringing;
Who can live without it, I ask in all honesty, what would life be...
So we say, Thank you for the music, for giving it to me"



Next bit:

Here's a quote that we need, although I hesitate to mention it, maybe we just don't hear the drummer and aren't counting properly...

From Thoreau:

"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer.

Let him step to the music which he hears."

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We're on the Web
Visit us at
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Lakeshore New Horizons Band

Newsletter
Loraine Christianson

DIFFERNT ROWS IN A CONCERT BAND

1st row: most well behaved,
small, usually filled with flutes

2nd row: some whispering.
usually clarinets, french horns,
other woodwinds

3rd row: whispering and giggling
widespread. trumpets and maybe
low brass

4th row: the most chill; the
quietest row. tubas and low
brass

5th row, percussion: Abandon All
Hope Ye Who Enter Here



*The Lakeshore Band Executive Would Like to Wish
You All a Safe and Enjoyable Summer
See you in September*